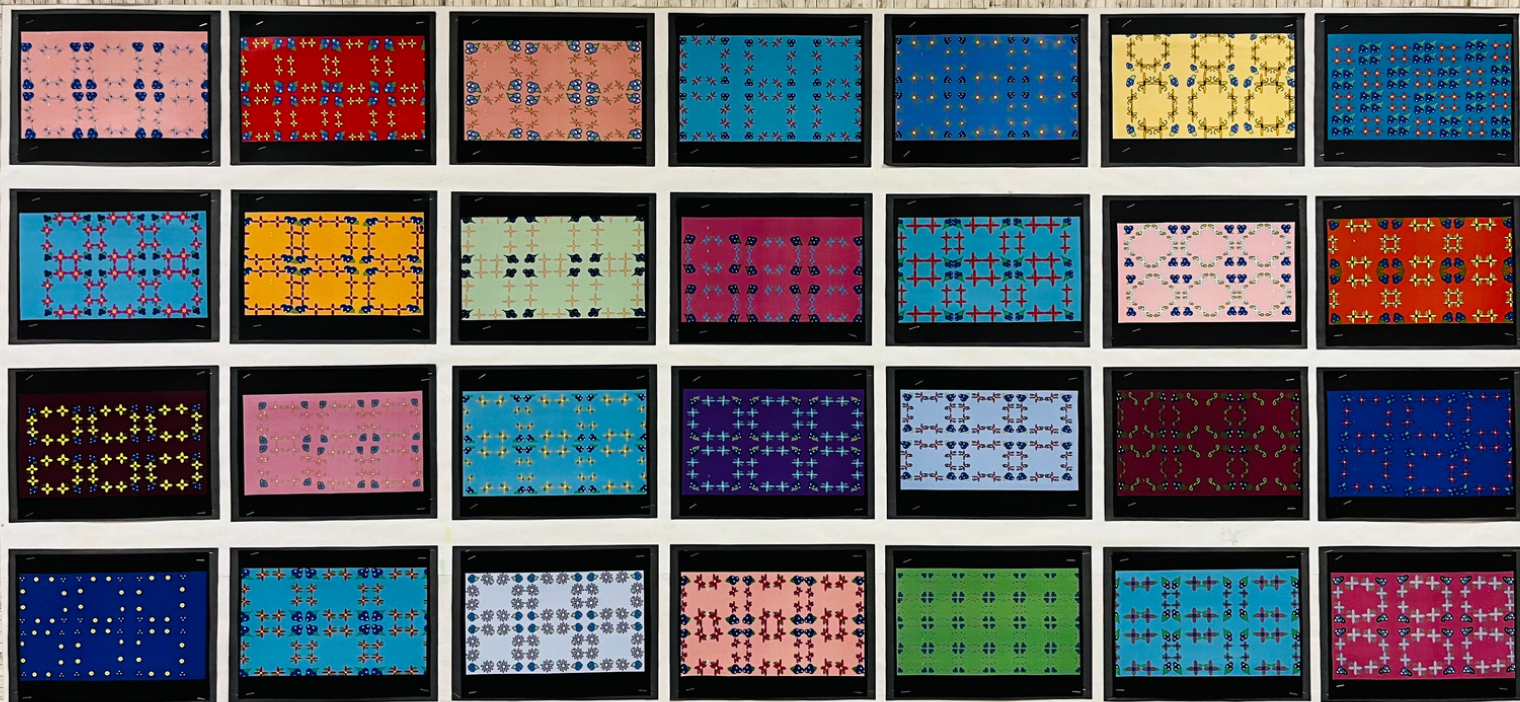


WHAT'S HAPPENING AT OES?



5F Digital Printmaking

APRIL 8-12

Juice Bar
Gr. 4-7, K

Juice Bar
Gr. 1-3, K

Juice Bar
Gr. 4-7, K

Juice Bar
Gr. 1-3, K

Dungeons &
Dragons 3:30-5




Drama at 12:00pm


Drama at 3:30-5:00

Monday
April 8

Tuesday
April 9

Wednesday
April 10

Thursday
April 11

Friday
April 12



Principals Note

I wanted to share some news with you all. Recently, I applied for an interchange opportunity with Alberta Education and accepted the two-year position. I start the position at the end of August. This will be my final year at Onoway Elementary.

This decision was difficult, as I have loved working with such a fantastic school community. Your kindness and support for our school have made this experience truly exceptional. Since starting my education journey in 1991, I have had the privilege of working in various places, but being the principal for OES has been the best job I've ever had. When we work together and have positive communication with students, staff, families, and the community, it allows our school to thrive and for kids to be the best they can be.

Thank you for your encouragement and support; they have been invaluable to me throughout my time here.

Jody Taylor





OES Athletics



Upcoming Athletic Opportunities

April-June - Long Distance Running Club

April 19 - OES In-House Grade 7 Badminton Tournament

April 26 - Grade 7 GORD Badminton Tournament at OES

May 11 - Grade 6 Flag Football Tournament Whitecourt

May 14 - Grade 5/6 Badminton Tournament in Whitecourt

May 15 - Grade 7 OES Track and Field Day at OJSH

May 28 - Grade 7-9 GCAA Track and Field in Mayerthorpe

June 4 - Grade 7-9 Track and Field Zones at OJSH

June - Grade 6 Golf club

June (TBD) - Grade 4-6 Track and Field Day

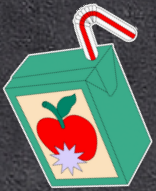
June (TBD) - Grade 1-3 Sports Fun Day

More specific information about each of the listed events will be sent home with interested athletes closer to the date. If you have any questions please contact Mrs. Moser.

christy.moser@ngps.ca



LOST AND FOUND ITEMS



OES Juice Bar



[Click here to view the Juice Bar slideshow](#)



children's
charity™

feeding hungry minds



[Volunteer to help with our breakfast program!](#)

[CLICK HERE TO SIGN UP FOR THE NEXT FEW WEEKS](#)

Volunteers must have Criminal Record Check on file with OES (Good for 2 years) and annual NGPS Volunteer Form - Email oes@npgs.ca with questions



SPECTRUM CONNECTION

LEADER IN FAMILY-CENTERED, MULTI-DISCIPLINARY AUTISM SERVICES

Founded in 2004, Children's Autism Services has grown to be Northern Alberta's leader in [family-centered, multi-disciplinary](#) autism services.

[Our team](#) is highly-trained in the specialized professions needed to help your unique child reach for their milestones, and beyond.

Our programming is developmentally grounded and relationship focused.


Our facilities are state of the art, built to be clinically functional, but also warm and fun.





We also provide [support](#) and [training](#) for members of the community such as educators and early childhood professionals who interact with children with autism in a variety of settings.

Your family is a key part of the service team, in collaboration with our skilled and dedicated staff, the focus of support is determined by the needs and goals of your family and child.

Children's Autism Services is here for you.

UPCOMING EVENTS



 <p>APR Children's Autism Services of Edmonton Summer Camp 2024</p> <p>4:30 pm</p> <p>Details Register ></p>	 <p>APR 18 Workshop Re Watch: Healthy Parenting: Old Ways vs. New Ways of Looking at Autism</p> <p>5:00 pm</p> <p>Details Register ></p>	 <p>MAY 16 Workshop Rewatch: Behind the Scenes of Autism</p> <p>5:00 pm</p> <p>Details Register ></p>	 <p>JUN 14 11th Annual Maier Centre for Autism Charity Golf Tournament</p> <p>7:00 am</p> <p>Details Register ></p>
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Click the live links below to register:



Parent Sessions 2024

<u>Social Emotional Learning Grades 7-12 - 5 Part Series</u>	Apr 04, 2024
<u>The Four Seasons of Wellness</u>	Apr 09, 2024
<u>Understanding the New K-6 Science Curriculum: A Session for Parents</u>	Apr 11, 2024
<u>Approaching May Mindfully</u>	May 07, 2024
<u>When Things Don't Turn Out as Planned</u>	Jun 04, 2024



6 tips to help kids manage emotions



**Read the full article
here**

Help them identify their feelings

Validate their feelings

Teach them deep breathing

Practice mindfulness

Help them express their emotions

Model emotional regulation